



Dear Parents, Players, and Coaches,

It seems that we are beginning to make some headway as far as the summer season. We are planning to officially open once again on Tuesday, June 30<sup>th</sup>. We have spoken with our rental facility and as of right now all practices will be Tuesdays/Thursdays with the possibility of some make-ups on weekends if need be.

As you know we are all members of US lacrosse, so we will be utilizing their “Return to Play Model” along with any new or additional guidelines from the CDC, state and local governments as we begin to reopen. Below we have provided some brief information on the phases we will be utilizing from US Lacrosse. We are unable to provide the length of each phase, as it will all depend on the guidance of our states, but we are hopeful that we will progress through them as the summer season occurs. US lacrosse suggests a minimum of at least two weeks per phase.

*You can find the US Lacrosse model at: <https://www.uslacrosse.org/return-to-play>*

**Phase 1 (Current Phase): At home training.**

As we are all home and gearing up for the start of our season a month from now it is really important that you are utilizing Coach Ang’s “Lax+ from home” workouts and lacrosse training. For the safety of our players, you need to try your best to maintain a basic level of fitness and skills before returning to the fields.

**Phase 2 (Begins June 30<sup>th</sup>): Small Group Training (Max 9 players w/one adult).**

Practices will be cut shorter to 1.5 hours for High School (4:30-6:00pm) and 1 hour for all youth (6:30-7:30pm), and will include both fitness and skills training. Social distancing will be maintained. No spectators or mass check-ins. Players will report directly to their coach at their field (field maps will be provided).

- *This phase will most likely last a minimum of two weeks*
- *Details of our Lax Plus COVID Response plan that includes player and staff health screening, protocols, etc will be sent out in the upcoming weeks.*

**Phase 3 (Based on State Guidelines): Medium Group Competition (Intrasquad)**

Players can compete against one another in small group competitions within their own program. Practice times will most likely increase (15-30 minutes/group)

**Phase 4 (Based on State Guidelines): Medium Group with local Competition (Games Against Local Clubs)**

Players will utilize the training they received over the summer to now compete against other local club teams (Nor’easter, Dodgers, Team 203, LC CT River)

**Phase 5 (Hopefully Late Summer or Fall): Return to Tournament Play**



## HOW DOES THIS CHANGE OUR SUMMER:

**Small Group Training:** This is a huge benefit for our club players. They are going to get to work with our staff in a small group setting and really focus on their skill work and fitness training while getting their undivided attention.

**HS Recruiting:** The NCAA just announced that the recruiting dead period has been extended through July 31<sup>st</sup>. Right now you should just be focusing on getting ready for when game/tournament play and the recruiting period reopens. Narrow down your list of schools, work on your Sports Recruits profiles, reach out to coaches (depending on your grad year).

**VIDEO:** Players having film of themselves is a great recruiting resource for coaches at this time. We are speaking with a company about coming into to video our HS practices. This would occur in Phase 3 when we can resume intrasquad play. You can also purchase film from our NE Showcase last fall by visiting the Ipswag website, and finding the video link under the NES.

**Tournaments:** A lot of tournament directors, including ourselves, have been holding out hope that we could have the tournaments run this summer. Based on US Lacrosse's Return to Play guidelines it does not appear large scaled 12v12 tournaments will run for some time, and most of our summer tournaments have new tentative August dates (View our Calendar pages for the most updated Information).

As of right now we have paid for the majority of our summer tournaments which can be as much as \$2000/team. We will most likely not be notified of cancellations/potential refunds until closer to the dates of the events.

If we enter Phase 4 during the summer season, we will do our best to add games/scrimmages against local club programs, and even have the possibility of a small sided 7v7 tournament.

***ATTENTION HS: For the safety of our families, along with US Lax new protocols, as well as the NCAA dead period, we will not be traveling to PA for the Grind this Summer. Please cancel your hotels.***

### **5<sup>th</sup>-8<sup>th</sup> Summer Developmental: NO LONGER AN OPTION**

Due to the limited spaces at our facility and our small group training model all new players must tryout (See tryout evaluations information below) in order to participate in our summer program.

As a result all previously registered 5th-8th Summer Developmental players must upgrade to a club level membership in order to be placed with one of our summer club practice groups.

- *Depending on our tryout numbers there may be a separate evaluation day for new players.*
- *Returning Club players who have played within the 2019 Calendar year do not need to tryout.*



### **3rd-4th Summer Developmental: WILL RUN**

We will begin the 3/4 developmental program on Tuesday, July 14th. This program does not require a tryout. Phase 1 would begin with 45 minute training sessions, but if we progress to Phase 2 by the program start date practices will run an hour or more. There is still the possibility of a few tournaments depending on what phases we reach.

**TRYOUTS: Tuesday, June 30th @ Sportsworld (HS 4:30-6:00pm / YOUTH 6:30-7:30pm)  
(May be moved to Sunday, June 28th depending on numbers)**

2020 TRYOUT REGISTRATION:

<https://laxplusclub.leagueapps.com/clubteams/1377730-lax-plus-2020-summer-club-tryout-registration>

**ANY PLAYER WHO PLAYED ON A LAX PLUS CLUB TEAM DURING 2019 - DOES NOT NEED TO TRYOUT and can email Melissa about registering for summer!**

### TRYOUT FEES:

- New Player Fee: \$50
  - A new player is any player who has NEVER played for a Lax Plus Club or Developmental Program or the Winter SWAG Clinics
- Former Developmental Player or SWAG Player Fee: \$25
  - Any player who has participated in a developmental program or the SWAG Winter clinic in 2019.
  - *DISCOUNT CODE: EVAL25*
- Returning Club Player Fee: FREE
  - Any player who played for an Official Lax Plus Club Team in 2018 or before
  - *DISCOUNT CODE: RETURN2020*

### **UNIFORM PICKUP: Sunday, June 28th**

There will be times for specific last names and/or age groups to pick up uniforms (TBA)

### **ADJUSTED SUMMER FEES:**

We have modified the summer fee to reflect the expenses that have already been paid for the club summer season along with the training that will take place. The summer fee no longer includes the full tournament fee, and remaining tournament fees will be charged monthly if the tournaments run.

### NOTE:

- *All club players will be charged the remaining tournament fee should they run! We are anticipating most will not.*
- *The summer fee has been adjusted based on all currently registered HS and Youth players participating this summer. Therefore there will only be refunds/credits of payments made above the newly adjusted pricing at this time.*
- **All players who participate this summer season will get \$100 off the Fall Season. In addition should we receive full refunds from previously paid tournaments, we may be able to give additional credits to the fall.**
- **The Fall Fees/Schedules are still subject to change at this time.**



**2020 ADJUSTED SUMMER FEES/REGISTRATION BY PROGRAM:**

*REMINDER: Universal Goalie Discount Code for all Seasons: GK\*50*

**RETURNING PLAYER HS REGISTRATION (Players Entering 10th-12th Grade in Fall 2020):**

<https://laxplusclub.leagueapps.com/clubteams/1462042-lax-plus-2020-high-school-summer-season>

<b>HS PLAYER FEE</b>	
<b>\$915/Club Player</b>	<b>Base Summer Fee</b>
<b>\$150/tournament</b>	<b>Covers remaining tournament costs</b>
Amount Paid to Date	\$610
July 1st	\$305
August 1st	Remaining Tournament Fees if Run

**RETURNING PLAYER 5th-8th YOUTH REGISTRATION (Players Entering 6th-9th in Fall 2020):**

<https://laxplusclub.leagueapps.com/clubteams/1461928-lax-plus-2020-youth-summer-season>

<b>YOUTH PLAYER FEE</b>	
<b>\$625/Club player</b>	<b>Base Summer Fee</b>
<b>\$75/tournament</b>	<b>Covers remaining tournament costs</b>
Amount Paid to Date	\$370
July 1st	\$255
August 1st	Remaining Tournament Fees if Run

**YOUTH 3rd/4th PLAYER REGISTRATION (Players Entering 4th&5th in Fall 2020):**

<https://laxplusclub.leagueapps.com/clubteams/1462240-lax-plus-2020-summer-3rd4th-developmental>

<b>YOUTH 3/4 DEV. PLAYER FEE</b>	
<b>\$325/Club player</b>	<b>Base Summer Fee</b>
<b>\$50/tournament</b>	<b>Covers remaining tournament costs</b>
Amount Paid to Date	\$100
July 14th	\$225
August 14th	Remaining Tournament Fees if Run



**UPDATED SCHEDULE LINKS:**

PRACTICE SCHEDULE: <https://laxplusclub.com/summer-practice-schedule>

HS TOURNAMENTS (10<sup>th</sup>-12<sup>th</sup> Graders in Fall): <https://laxplusclub.com/hs-summer-schedule>

YOUTH TOURNAMENTS (6<sup>th</sup>-9<sup>th</sup> Graders in Fall): <https://laxplusclub.com/youth-summer-schedule>

3<sup>rd</sup>/4<sup>th</sup> DEVELOP. (4<sup>th</sup>&5<sup>th</sup> Graders in Fall): <https://laxplusclub.com/summer-developmental-programs>

UNIFORM ORDER: <https://laxplusclub.leagueapps.com/store>