

### Scrimmages July 24-26th @ Forekicks Marlborough

# ACHIEVELAX SAFETY GUIDELINES AND PROTOCOLS FOR PLAYERS Before you leave home:

- · Check your temperature
- · Sanitize lacrosse stick and goggles
- Players must bring a cloth mask, hand sanitizer, and personal hand towel
- Gloves are optional
- · Pack multiple water bottles/sports drinks and a light snack

#### Arrival at the field:

- · Drop off at the designated entrance, pick up at the designated exit
- · Participants and parents must wear face coverings
- ONLY players, coaches, and officials allowed on the field
- Players may not congregate before or after session; social distancing must be observed on team benches

### Departure from the field:

- · Follow pick up line instructions
- · Be patient and respectful
- Wear face coverings until participants are in their vehicle and off of the facility premises

## ACHIEVELAX SAFETY GUIDELINES AND PROTOCOLS FOR TEAMS Playing Field:

- · No spectators will be allowed
- Team benches will be on opposite sides of the field with the officials and athletic trainer assigned to sections in between the fields.
- Team benches will be assigned to a section of the field; social distancing must be observed on the sidelines
- · Coaches should wear face coverings throughout the game
- No huddles, high-fives or handshakes; please display good sportsmanship at all times

### Scrimmage Play:

- No draws will be taken; the game will start with possession to the home team and goalie clears will restart the play after a goal is scored
- Girls lacrosse is no-contact; umpires will be officiating the game accordingly
- · Scores will not be kept

#### Follow up:

- If your child presents with any illness or COVID-19 specific symptoms, please report to Leslie at 781-710-5601 so that players, officials, and staff may be notified
- · If there has been any known exposure to your family, players are asked to quarantine for two weeks and stay home

### Additional recommendations outlined by US Lacrosse:

- All participants should stay at home if they are feeling sick or experiencing any COVID-19 symptoms.
- Clean and disinfect frequently touched surfaces and equipment and do not share equipment, water bottles or towels.
- Face masks are required for staff, coaches, officials and designated adults serving as hygiene support for all scrimmages, practices and activities.
  Athletes may wear a face mask during lacrosse activity if they would like.

Updated 6/9/20



### COVID-19 Reopening Phase 2

- SPECTATORS are required to stay in their cars or drop off and pick up their participants. <u>LIVEBARN</u> viewing available remotely on all outdoor and indoor fields/courts.
- BATHROOMS are for Fore Kicks participants only and are limited to 2 people at a time.
- All TRASH must be removed from the area. Trash in/Trash out. No trash cans are supplied currently.
- 4. WATER fountains (inside) are off until further notice.
- 5. BENCHES have been removed from fields.
- STATE guidelines regarding social distancing must be adhered to.
- ENTRY and EXIT points are designated below.



These guidelines are in place to ensure a safe and enjoyable environment for all patrons and staff at Fore Kicks. Failure to do so will result in removal from the premises.