

Gold Star Lacrosse
5 Star Scrimmages August 8-9th, 2020
Policies and Safety Guidelines

We are committed to providing student-athletes a safe experience allowing them to be active while providing the benefits of physical activity and team play. With the above in mind we have implemented policies and guidelines that promote social distancing at all events to best ensure the safety of all participants.

SCRIMMAGE POLICIES FOR ALL PARTICIPANTS

1. DO YOUR PART; YOU MUST STAY HOME IF:
 - You are feeling sick or experiencing the following COVID-19 symptoms:
 - Cough
 - Shortness of breath or difficulty breathing
 - Fever of 100.3 degrees F/37.9 degrees C
 - Chills
 - Muscle pain
 - Sore throat
 - New loss of taste or smell
 - If you have tested positive for COVID-19 and have not yet tested negative twice
 - If you have had [close contact](#) with any individual who has tested positive for COVID-19 in the 14 days prior to any scheduled tournament start date
2. No spectators
3. No team tents
4. Only players, coaches, officials and trainers are allowed on the fields
5. Anyone who chooses to enter the facility must practice social distancing and wear a mask
6. Teams are expected to socially distance while at their bench
7. Team benches and officials/trainer areas will be on opposite sides of the field
8. Players are not required to wear face masks while playing, but may do so if it makes them feel more comfortable.
9. No huddles, high-fives or handshakes
10. There will be no vendors. Everyone should bring plenty of water and a light snack

SAFETY GUIDELINES AND CHECKLIST FOR PLAYERS

Before you leave home:

1. Take your temperature, check for symptoms
2. Sanitize lacrosse equipment
3. All players must bring a mask
4. Pack plenty of water and a light snack

Arrival at Medway High School:

1. Players driving themselves can park at Medway High School
2. Parents dropping off can do so at Hanlon Field (stadium)
3. Players and parents must wear face coverings while entering Medway High School
4. Players may not congregate before or after games
5. In between games please maintain social distancing or return to your cars for some air conditioning and hydration.
6. Teams should wait until current teams playing have cleared the field before entering
7. Athletes should limit touching to their personal belongings/equipment only. Athletes should bring personal hand sanitizer and sanitize after every game.

Departure from Medway High School & Follow-Up:

1. When your games are done for the day, please exit the premises. No congregating
2. Parents picking up can do so at Hanlon Field (stadium)
3. Wear face coverings until participants are off of the facility premises
4. If your child presents with any COVID-19 specific symptoms, please report to Kristin at 508-596-9954 or kigoe@goldstarlax.com so that players, officials, and staff may be notified.